

Causes and Treatment of Urethral Syndrome

[Medical Today = Reporter Kim Junsu]

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Urethral syndrome is also called urethral pain syndrome, and for any reason, symptoms appear due to irritation of the urethra. Urine tests do not detect bacteria, and urethral pain after urine or when urinating is called urethral syndrome. It also occurs frequently in women with very thin or sensitive urethral epithelium.

Vaginal relaxation is a symptom in which vaginal elasticity gradually decreases due to pregnancy, childbirth, and aging. If the elasticity of the vagina decreases, it can lead to sensory deterioration during sexual intercourse as well as female diseases such as vaginal dryness and urinary incontinence, so it is necessary to actively pay attention to and overcome them rather than hiding them.

The vagina is largely divided into three layers: epithelium/ dermis/muscular layers, and the epithelium must be regenerated to improve vaginal wrinkles. The Evero laser (Finixel SNJ laser) is directly irradiated to the epithelium, which is the surface of the vagina, to regenerate the smooth vaginal wrinkles. The regenerated vagina becomes resilient and helps prevent vaginitis. Using a high-frequency or focused ultrasound laser with an Evero laser helps with forming collagen in the vaginal dermis and strengthens muscles.



▲ Director Park Young (photo = provided by Rose & Clinic)

Park Young, CEO of Jeju Rose & Clinic, said, "If you treat with Evero laser on the urethra and around the urethra, it thickens the epithelium of the urethra and improves the symptoms of urethra syndrome a lot", adding ""While solving urethral syndrome, vaginal tightening can be performed at the same time, without effecting the patient daily life," she said.

For urethral syndrome and vaginal relaxation, repetitive procedures may be required depending on the patient's condition, so accurate diagnosis should be preceded. In addition, as it is a sensitive body part procedure, it needs to be treated accurately with high technical skills, so it is necessary to be treated by a medical staff with abundant experience and knowledge.